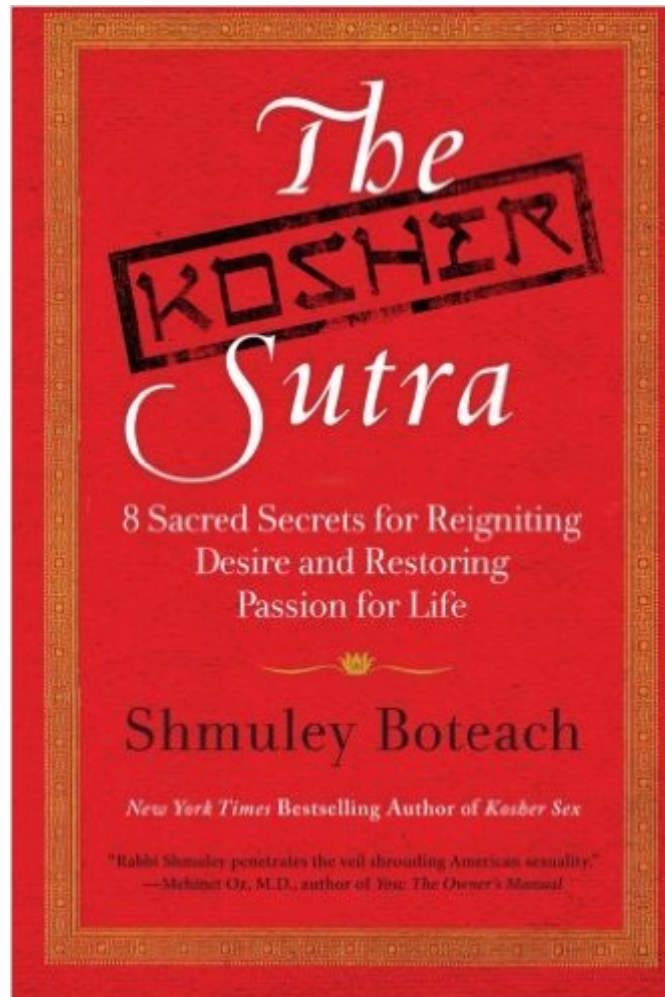


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The Kosher Sutra: Eight Sacred Secrets For Reigniting Desire And Restoring Passion For Life



Synopsis

â œRabbi Shmuley penetrates the veil shrouding American sexuality to highlight that eroticism is the thrilling desire to comprehend the mystery of life and attach ourselves to the source of all being.â •â "Mehmet Oz, M.D., author of YOU: The Ownerâ™s ManualÂ The New York Times bestselling author of Kosher Sex and popular radio host on Oprah & Friends, Shmuley Boteach delivers a much needed guide for injecting passion and energy into both our relationships and our everyday lives. In The Kosher Sutra, the author whomÂ Newsweek magazine calls, â œthe most famous rabbi in America,â • and Salon.com praises for having â œhis scholarly finger on the pulse of the nationâ • offers â œEight Sacred Secrets for Reigniting Desire and Restoring Passion for Life,â • combining tantric and Kabbalah wisdom with modern psychological insights and common sense.

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Customer Reviews

I picked up Kosher Sutra based on the recommendation in Think: Straight Talk for Women to Stay Smart in a Dumbed-Down World by Lisa Bloom. The problem with American sex, argues Rabbi Shmuley Boteach, is that it is too climax-driven. As a result, people are bored -- men escape through sports and porn, women escape through shopping and celebrity gossip, and both partners fantasize about past lovers during sex. The solution is sex without orgasm -- climax "kills desire" because "climax is death". He even goes so far as to say that if you fall asleep after sex, there must be something wrong with you and your sex life. I found a few helpful reminders and nuggets of

wisdom in his discussion on the "8 secrets of eroticism" (namely innocence, novelty, the chase, forbidden-ness, opposites attract, reckless abandon, unquenchable yearning, and beyond the body), but his ideas for spicing up the bedroom were mostly the typical Cosmopolitan magazine fare (such as "tell your wife you want her to scream during sex" or "wives should wear lacy undergarments") -- certainly nothing groundbreaking. Other ideas were simply unworkable, such as his suggestion to "set up a webcam in your bedroom" (p. 113) so that once the wife forgets it's there, then the husband, when bored at the office, can download his wife instead of Playmates. Rabbi, most American women work outside of the home during the day, and those that don't are usually caring for children rather than lying around the bedroom doing things that would arouse their husbands if they only had a peek.

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